

# Developing Your Relationship with God



**Draw near to God  
and He will Draw  
near to you.**

**James 4:8**

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**Volume 41:**

**Monday, May 4, 2026 - Saturday, May 9, 2026**



## QUICK START OVERVIEW

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### **Welcome to developing and maintaining an intimate relationship with God.**

One of the most important things you can do in your life is to have a consistent daily time with Jesus through His Word and through prayer. This is a privilege that we get to share in and not a chore that we have to do. The most important thing in your life is your connection to the Lord. It is what Jesus gave His life for you to have. He opened the door. You choose to go in and meet with God or not. You decide how important knowing God and His will is. The door is open.

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**PLAN** Great achievements don't just happen they are accomplished one step at a time. What greater goal could our lives embrace than being close to God?

Getting started developing a relationship with God takes a small amount of planning. There's no set standard of what your regular quiet time should look like. God will help you adapt the plan that is right for you. Within 21 days, the time it takes to form a habit, you'll be well on your way.

### **Decide On a Time**

If you view your time spent alone with God as an appointment with a real Person, which He is, you will be less apt to miss or skip it. The best time of the day for you to have your time with God is when you are at your best.

I will meet with God at this time: \_\_\_\_\_

### **Decide On a Place**

Finding the right place is key to your success. If you try to spend quality time with God lying in bed with the lights off, failure is inevitable.

I will meet with God at this place: \_\_\_\_\_

### **Decide On a Time Frame**

There is no standard time frame for building your relationship with God. You have to decide how much time you can realistically commit to each day. 10 to 15 minutes a day is a good starting point and can quickly develop into more. Some people can commit to 30 minutes, others an hour or more a day. Some 3 shorter times a day. Morning, noon, and night. Whenever you decide to start the key is to start with a realistic goal that you feel you can meet.

I will set aside this time to meet with God for this time frame: \_\_\_\_\_

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## STRUCTURE

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We are all different, and we are at different stages of life with different responsibilities, so your time with the Lord could be a little different than anyone else's. Here is a general structure of time to get you going.

- 1. Be quiet before the Lord.** The Bible calls it waiting on God. You start by simply sitting down and meditating on Who God is. As you do this, you'll find yourself calming down and letting go of the noise that gets in the way of hearing God. Hearing from God is important. You can't be distracted.
- 2. Pray.** Start off with a short opening prayer. Thank God for your salvation and for Who He has been to you, and all His blessings. Praise Him for His faithfulness, Ask the Holy Spirit to open your mind, give you understanding, and guide you. Ask Him to cleanse your mind and life of anything that is not inline with His desires for you and reaffirm your love, appreciation, and devotion to Him.
- 3. Study a passage of Scripture.** God speaks to us through His Word. Read intentionally. Don't try to read too quickly or too much so that you can actually think deeply about what you're reading. Ask questions seeking to understand God and what He is trying to communicate. During this time, spend time meditating on God's Word and writing down what you discover.
- 4. Pray again.** Be quiet. Thank God for His Word. Talk to God about what He has said to you. Tell Him what you're thinking about what He is saying. Talk to Him about anything else that's on your mind. There is not just one way to have a quiet time, but following a plan similar to this can get you started on a rewarding, growing journey of walking closely with Christ fulfilling His calling on your life.

**Go out determined to apply what the Lord revealed to you.**

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## QUESTIONS/NOTES

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# BIBLE STUDY: Approaching God's Word throughout the day

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The Bible is God's Word to us. It contains more than just instructions and guidance that help us to live the life that God intends for us to live. Through Scripture God reveals Himself to us and provides us with the spiritual nourishment our faith needs to grow and mature. Our faith is grounded in Who God is. Through Scripture God speaks to us and reveals Himself to us.

**How Do I Study the Bible?** One way is the SOAP method.

**SOAP** is an acronym for **S**cripture, **O**bservation, **A**pplication, **P**rayer.

**S = Scripture** Read a full passage of Scripture to see its context. Focus on a verse that stands out to you from the passage and write the entire verse down in your journal. Focus on digging down to fully understand what God is communicating through it.

**O = Observation** Write your observations about the verse. What are some key words that stand out in this passage? Are there any related verses, illustrations, stories, or object lessons that come to your mind when reading this Scripture? How many truths can you uncover as you meditate on it?

**A = Application** How does this verse apply in your life? Are there any changes in your life or the way you think about God, others, or the choices you are making that you need to make? or What does this Scripture lead you to do? What will be different if you live out the truths in this Scripture?

**P = Prayer** Pray for God to give you understanding of how He wants to use this Scripture in your heart and life. Ask Him to help you to hear and understand His Word. Pause and listen! Ask Him to give you direction for the day and for the week. Do not walk away and forget what you read but seek to cooperate with the Holy Spirit to let Him use God's Truth to renew your mind and transform your heart and mold your character into the image of Christ.

## What Do I Need to Study God's Word?

You will need just three things for the SOAP Bible Study method.

- 1. A Commitment to set aside time** - Jesus says, "learn of me."
- 2. A Bible** - A desire to know the Lord and His Will for your life.
- 3. A Journal** - so that you can write down your observations, applications, prayers, and action steps God impresses on you during your Bible study.

## PRAYER: Responding to and uniting with the Lord

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Prayer is talking to and hearing from God. This is possible for believers because Jesus has made a way for our relationship to be restored to the Father and because the Holy Spirit lives inside of us and helps us to know what to pray for. The P.R.A.Y. acrostic method of prayer is helpful, especially to new believers.

**P = Praise** First, start your prayer with total respect and honor by praising God for who He is and what He has done. Jesus's own model of prayer, given to His disciples when they asked, *"Lord, teach us to pray,"* is recorded in Matthew 6. He teaches us to begin vertically, *"Our Father in heaven, hallowed be Your name. Your kingdom come, Your will be done."* It's good to begin our prayers by focusing first on God and His agenda.

**R = Repent** Second, take time to confess any current sins. As believers, we are totally forgiven of all our past, present, and future sins. Yet, we know we still sin. Those ongoing sins disturb our fellowship with our heavenly Father. We need to repent of our sins and confess them to God. *"If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness"* (1 John 1:9). To confess is "to say the same thing" God says about our sinful attitudes and actions. Repent means to "change direction and go the other way." Ask the Holy Spirit to reveal hidden sin.

**A = Ask** Third, after our hearts are bowed in praise and purified through repentance, we are ready to ask God for wisdom and to supply what we need to fulfill His Will for our lives without our wrong motives getting in the way. God encourages us to come boldly to Him. *"Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need."* Hebrews 4:16

**Y = Yield** Fourthly, take time to listen and see if God is speaking healing, or hope, or instruction into your heart. Yield your dreams and desires to His will trusting that He knows what is best for His glory and your good. Keep in mind that whatever you hear should line up with God's written Word, the Bible.

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### MAKE A PRAYER LIST

Use the last page in this booklet to write down your prayers. It is easy to forget who and what you want to be praying for. Using a list allows you to record His answers and look back and remember how God has worked in and through your life. It is good to periodically go back and thank Him for all He has done.

**Luke 22:19** And he took bread, and when he had given thanks, he broke it and gave it to them, saying, "This is my body, which is given for you. Do this in remembrance of me."

S \_\_\_\_\_

What thoughts do you have when you stop to think about Jesus giving His body as a sacrifice to save you?

O \_\_\_\_\_

Why did Jesus ask us to do things to remember Him? What power does stopping to remember and acknowledging what God has done for us have in your life? What daily habits do you have to remind you of Christ?

A \_\_\_\_\_

P \_\_\_\_\_



**1 Corinthians 11:26** For whenever you eat this bread and drink this cup, you proclaim the Lord's death until he comes.

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As you take the Lord's Supper, who are you proclaiming this to? What is it you are proclaiming? Why is this proclamation so important, and what does it call us as brothers and sisters in Christ to do?

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Does "until He comes" play a part in how you view the Lord's Supper and the other things you do to remember that our Lord died to save our lives? How do you think it should affect your daily thinking and living?

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**Matt 26:26-28** As they were eating, Jesus took some bread and blessed it. Then he broke it in pieces and gave it to the disciples, saying, “Take this and eat it, for this is my body.” And he took a cup of wine and gave thanks to God for it. He gave it to them and said, “Each of you drink from it, for this is my blood, which confirms the covenant between God and his people. It is poured out as a sacrifice to forgive the sins of many.

How does this verse portray the Lord’s Supper as both personal and communal?

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What are we remembering that unites us as the “many” as we partake together of the Lord’s Supper, and how should it affect our relationships?

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**John 6:35** Jesus said to them, "I am the bread of life; whoever comes to me shall not hunger, and whoever believes in me shall never thirst.

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Why does Jesus call Himself "the bread of life," and what does He mean when He says He can He satisfy our hunger and thirst?

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Think about the phrase "whoever comes to me." Why is it there? Why is it important, and what contrast is it highlighting?

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**1 Corinthians 10:16-17** When we bless the cup at the Lord’s Table, aren’t we sharing in the blood of Christ? And when we break the bread, aren’t we sharing in the body of Christ? And though we are many, we all eat from one loaf of bread, showing that we are one body.

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What “body” are we affirming that we are as we partake of the Lord’s Supper? In what ways does that bind us together?

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If in sharing together in the Lord’s Supper we are proclaiming that we are one in Christ and that He lives in us and we are His body on earth, how should the way we live together show that we are one body?

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**1 Corinthians 11:27-29** So then, whoever eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty of sinning against the body and blood of the Lord. Everyone ought to examine themselves before they eat of the bread and drink from the cup. For those who eat and drink without discerning the body of Christ eat and drink judgment on themselves.

The context of these verses is about how we treat one another as part of the body of Christ. What things would that include in our self-evaluation of whether or not we were taking the Lord's Supper in a worthy manner?

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Why would taking the Lord's Supper without regard for our brothers and sisters in Christ bring judgment on us both from the Lord and the world?

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# Sermon Notes:

This book belongs to: \_\_\_\_\_